



## Could your loved one benefit from a supportive senior care community?

When checking in on your parents or loved ones, you may be observing some changes in their health and well-being. Here are some signs to be aware of that your loved one may need some additional assistance from supportive senior care community. It is always recommended to consult with your family physician on health-related concerns.



### Questions to consider:

1. Continued health related issues—has there been a recent or frequent hospitalization due to a serious illness or injury?
2. Is your loved one not taking their correct dosage of medications, or confused about what they have taken and when?
3. Do you notice any unexplained bruising or cuts?
4. Does your loved one require financial assistance through Medicaid, veteran's benefits or other financial assistance programs?
5. If there is a primary caregiver or spouse, how is her/his health? Are they exhibiting signs of exhaustion, anger, stress or even illness?
6. Is your loved one is having difficulty with upkeep of their home?
7. Is your loved one appearing unclean, or unkempt—having difficulty with bathing and grooming?
8. Is your loved one is losing weight, not preparing food or eating properly?
9. Is there a continued decline in reasoning skills or cognition? Do you feel they are a risk to themselves or others due to their cognitive decline?
10. Is your loved one worried a senior community may be too much financially?
11. Does your loved one seem socially disconnected from friends and family?
12. Have there been multiple falls or accidents that your loved one has had?
13. Is your loved one experiencing driving competency issues?

### About Marian Manor

Marian Manor in South Boston, MA is committed to preserving the independence and personal dignity of all residents who make our community their home. Our services include post-acute care, respite care, skilled nursing, and hospice care, and our community offers safe, secure, and pleasant residences, delicious and healthful meals, a variety of amenities, and longtime staff who are knowledgeable, friendly, and caring. Marian Manor's senior care experts are ready to answer your questions and connect you with the right services at the best time for you.



To learn more or schedule a tour, call 617.268.3333 or visit: [www.marianmanor.org](http://www.marianmanor.org)  
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