

## Questions To Ask When Picking A Senior Care Community

The search for the right senior care community can be a challenge, so asking questions can help pair you or a loved one with the proper care. Many senior communities provide multiple levels of care that can allow for an independent lifestyle with the knowledge your needs will be met should they change. Learn more about the questions you should ask when picking a senior community:



### Skilled Nursing – What is skilled nursing?

Skilled nursing is when an individual requires 24/7 assistance, including care each day that must be performed by a licensed nurse. A skilled nursing community can offer a range of medical care services.

1. What medical care options do you offer?
2. How much input does a loved one have on the care being received?
3. What is the cost of skilled nursing? What insurances are accepted? Are private rooms available?
4. What will a typical day of care entail?
5. What is the visitation policy?

### Rehab (Short Term Rehabilitation) – What is short term rehab care?

Rehabilitation helps an individual regain physical or mental abilities that have been impaired or lost due to illness or injury.

1. How does the facility communicate with families about a resident's well-being?
2. What is the ratio of staff to residents during the day/night?
3. What is the average length of stay?
4. How will progress be recorded and tracked?
5. Is there a continuum of care?
6. How many hours of therapy a day will there be?
7. Is the facility experienced in treating your loved one's condition?
8. What insurances are accepted?

### About Marian Manor

Marian Manor in South Boston, MA is committed to preserving the independence and personal dignity of all residents who make our community their home. Our services include post-acute care, respite care, skilled nursing, and hospice care, and our community offers safe, secure, and pleasant residences, delicious and healthful meals, a variety of amenities, and longtime staff who are knowledgeable, friendly, and caring. Marian Manor's senior care experts are ready to answer your questions and connect you with the right services at the best time for you.

